



Karrot

431 Myrtle Avenue

(between Clinton Avenue & Waverly Avenue)

Brooklyn, NY 11205

Phone: (718) 522-9753

Fax: N/A

Email: N/A

Web: N/A

Business Information

A hip health food store with the best natural and organic products in New York City

Hours of Operation:

Sunday 9:00am – 7:00pm

Monday 8:30am – 8:00pm

Tuesday 8:30am – 8:00pm

Wednesday 8:30am – 8:00pm

Thursday 8:30am – 8:00pm

Friday 8:30am – 8:00pm

Saturday 8:30am – 8:00pm

Fax Orders? NO

Delivery? YES

Credit Cards? YES

Certifications/ Affiliations: N/A

Clientele/ References: Newsday, The Brooklyn Papers, The Hill, Daily News, Brooklyn Daily Eagle, Brooklyn Magazine

Review

The best smoothie in Brooklyn can be found in Karrot, owner Carlos Aguila says about his hip health food store. He offers two different types of organic smoothies: the Jubilee with blackberries, strawberries, blueberries, bananas, soy milk and mango juice and the other with almonds, bananas, soy protein and almond milk — “And lots of love,” adds Aguila. On Karrot’s shelves are international teas, fresh organic dairy products and eggs and natural beauty supplies. The store, which opened in September 2003, even stocks natural pet foods. “We’ve got lots of quick cuisine stuff, lots of low-carb breads and boxed goods for the low-carb crowd, cereals, you name it,” Aguila said. The natural food mini chain stocks products from small producers, some of which are exclusive to the store. According to Aguila, his inventory is priced 10 to 15 percent lower than most Manhattan and Brooklyn health food stores.

The Brooklyn Papers



Vitamins and Nutritional Supplements

Personal Care Products

Organic and Natural Beauty Products

International Teas & Juice Bar

Natural Pet Foods & Animal Care Items

Fresh Organic Dairy Products

Complete Low-Carb Selections

